

# TRIBUNAL SAYS RIGHTS SUPERSEDE HATE, P4

Canadian Legal Resource Centre Inc  
CALL NOW! Mon-Sat Daytime & Evening Appointments  
403.229.2774 FREE CONSULTATION  
**UNCONTESTED DIVORCES**  
Legal Separation Agreements  
Spousal Land Transfers  
[www.canadianlegal.org](http://www.canadianlegal.org)  
**CRIMINAL RECORD?**  
Canadian Pardons  
US Travel Waivers  
Fingerprinting  
21+ years experience  
Voted #1 Paralegal  
Why pay more?

The world's largest global newspaper  
**metro**®  
CALGARY • THURSDAY, SEPTEMBER 3, 2009  
[metronews.ca](http://metronews.ca)

Portobello West fashion + art market  
  
September 18th, 19th, 20th  
Located in the Big Four Building at Stampede Park \$5 admission  
[www.portbellowest.com](http://www.portbellowest.com)

## Jackie Tran ordered released

**IMMIGRATION** The Calgary police service is "frustrated and disappointed" after alleged gangster Jackie Tran was ordered released from custody yesterday during a mandatory detention hearing.

Police spokesperson Kevin Brookwell said they are disappointed with the news.

"This is just another part of the ongoing saga with the Tran deportation and it's extremely frustrating. We believe he is a risk to the public," Brookwell said. "What do you need to do to get deported from this country?"

Canada's Immigration and Refugee Board had just issued a deportation order on Tuesday.

METRO CALGARY

Relating pg 6

## Spenders attracted to savers

Food pg 12



Sweet, yet tart skewers



Australia's Katherine Hull watches her tee shot during the pro-am at the LPGA Canadian Open at Priddis Greens near Calgary yesterday.

KRISTA SYLVESTER  
[krista.sylvester@metronews.ca](mailto:krista.sylvester@metronews.ca)

A 20-year-old Calgarian is missing and presumed drowned after jumping from a boat travelling at high speeds on Kamloops Lake and into the water earlier this week.

RCMP say the man was wakeboarding with three others Monday when for no apparent reason he jumped into the 300-foot lake without a lifejacket while the boat was travelling at speeds of approximately 50 km/h.

"Something happened when he hit the water — we don't know what — but

**"We suspect he just went straight down and we've been searching for him."**

RCMP Sgt. Scott Wilson

something happened and he went straight down," Kamloops RCMP Sgt. Scott Wilson said, adding a friend jumped in after him seconds later, but it was too late.

"They didn't see him again. We suspect he just went straight down and we've been searching for him."

Although no body has been recovered, a coroner has been called in to work with RCMP, Wilson added.

While his name hasn't been released yet, Wilson said the man was a longtime Kamloops resident and moved to Calgary several months ago. Investigators say alcohol was not a factor.

## Text alerts to keep you from overspending



**fido**

# YOUR ESTÉE LAUDER GIFT FINAL DAYS!

## FREE GIFT!

WITH ANY ESTÉE LAUDER PURCHASE OF \$32 OR MORE\* WORTH OVER \$75

- CHOOSE YOUR LIP SHADE
- CHOOSE YOUR EYE SHADES
- NEW! BREAKTHROUGH ANTI-AGING SERUM
- TAKE IT AWAY TOTAL MAKEUP REMOVER
- PLUS GET 2 COSMETIC BAGS



CHOOSE 2 LIPSTICKS

CHOOSE YOUR EYE SHADES



### MAKE YOUR GIFT EVEN BIGGER!

ADD 2 MASCARAS, LASH PRIMER AND A CHIC ACCESSORY CASE, FREE WITH ANY ESTÉE LAUDER PURCHASE OF \$75 OR MORE\*

NEW!  
BREAKTHROUGH ANTI-AGING SERUM

\*Before taxes. Offer good while supplies last. Quantities are limited. One gift to a customer please. Offer ends September 7th, 2009.

#### For your purchase, may we suggest:

NEW! Advanced Night Repair Synchronized Recovery Complex. It's tomorrow's technology-today. 20 patents worldwide.

The revolutionary new formula beautiful skin can't live without. Use it every day to help continuously repair the appearance of past damage caused by every major environmental assault. 30 mL, \$63 50 mL, \$93

#### NEW!

Breakthrough Anti-Aging Serum



Plus receive a \$20†  
**NYGÅRD COLLECTION**  
coupon with every  
**ESTÉE LAUDER** Gift!



†\$20 off any NYGÅRD COLLECTION purchase of \$75 or more (before taxes). Valid Wed, August 19 to Sat., September 19, 2009. One coupon per customer. While quantities last.

the Bay

**Pay raises expected to drop**

The average pay raise in Alberta is forecast to drop to 2.6 per cent in 2010, less than last year's 4.9 per cent average wage increase, according to a study released by Hay Group. **METRO CALGARY**

# Local



## Flames unveil retro jersey

The Calgary Flames yesterday unveiled a retro jersey — worn in the photo by former Flame Jim Peplinski and current Flames forward Craig Conroy — to commemorate the team's 30th anniversary. The jersey, which is an exact replica of the one worn when the team won the 1989 Stanley Cup, will be worn five times at the Pengrowth Saddledome this year. Photo courtesy of the Calgary Flames Hockey Club.

METRO CALGARY



### News in brief

**FUNDING** Plans to provide the Town of Okotoks with a crucial second bridge are underway after a federal injection of \$11 million towards the \$33 million project. The municipal and provincial governments are also providing \$11 million each for the road bridge over the river. Construction is scheduled to begin in October 2009.

**H1N1** As a part of ongoing pandemic preparedness, the province said yesterday they have purchased 106 additional ventilators for the treatment of patients who develop respiratory conditions that require breathing assistance.

**PHOTO RADAR** In response to community needs identified through statistical analysis, mobile photo radar will be set up on Deerfoot Trail, north and south, as well as the communities of Penbrooke and Marlborough Park throughout the month of September.

**CHARGES** A man is facing charges after a brief police chase resulted in a suspect allegedly hitting a police vehicle near the Calgary Zoo on Tuesday. Police have laid numerous charges against 39-year-old John Zawazki including dangerous driving. **METRO CALGARY**

### Lotteries

Lotto 6/49: 4, 6, 9, 30, 33 & 49. Bonus 13. These results are not official.

**ADVERTISE TODAY!**  
1-888-91 metro (63876)

## Cleaning up drug houses

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**With a growing number of marijuana grow-ops in the city, University of Calgary researchers will be releasing guidelines for cleaning up former drug houses.**

On behalf of the Alberta Real Estate Association (AREA), university researchers investigated the health risks associated with former drug houses and are drafting provincial guidelines for the rehabilitation of the homes, according to the director of industry for AREA.

"Currently, there are no consistent remediation standards in place for mould or air quality for former drug houses, and that is our concern," Bill Fowler said. "Our primary concern is the health of homeowners."

"We want our clients to

know the home they're buying is safe and this project will help provide those assurances," Fowler added.

U of C environmental design professor Tang Lee led the investigation into six former grow-op homes in Calgary and says remediation of former drug homes usually costs around \$25,000 to \$30,000.

"Adoption of the recommendations will not only protect homeowners, tenants and prospective buyers in Alberta from indoor contaminants caused by illegal operations," Lee said.

Staff Sgt. Darren Cave of the drug unit said police typically investigate 80 to 100 grow-ops in the city annually, a number he says increases with the population.

"It's a huge problem so we're certainly supportive of the project and anything that will help our cause, is a positive thing," Cave said.

### Alderman lauds BarWatch

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**PROGRAM** Calgary BarWatch has been successful in its first five months, but there are still a few bars causing problems, according to a city alderman.

After a community and protective services meeting yesterday updating the progress of the anti-bar violence program, Ward 8 Ald. John Mar said he was pleased to see the group

approach to decreasing bar violence is working.

"Absolutely, the initiative has been working well and most of the bars are doing their part," Mar said, but acknowledged there are still a few bars that aren't pulling their weight.

"Some clubs are more problematic than others, but they aren't necessarily (downtown)."

There will be another update on the progress of the program in March, 2010.



Environmental design professor Tang Lee holds up Petri dishes of toxins found inside a former grow operation in Calgary yesterday.

### Opposition rails about severance

**PAYOUT** An expensive \$1.3 million severance package to a former Alberta Health Services executive has the Alberta opposition finance critic questioning the payout.

Former executive operating officer for the AHS Paddy Meade received the payout after working eight months out of a three-year contract. Hugh MacDonald, official opposition finance critic said the amount was "unreasonable" given frontline workers are making huge sacrifices.

METRO CALGARY

**metronews.ca**  
What's online today.

**Video** Day two of WorldSkills encourages Alberta students to pursue a career in trades at [metronews.ca/local](http://metronews.ca/local)

## FLIGHT ATTENDANTS



Sunwing is recruiting 'Flight Attendants' for our various bases across Canada.

Please ensure you meet the following criteria to apply:

- Minimum 19 years of age
- High school graduate or grade 12 equivalency.
- Preference will be given to those bilingual candidates fluent in both French and English
- Able to meet our medical standards
- Must be Canadian Citizenship & posses valid Canadian Passport

We invite you to attend one of our recruitment sessions being held on Friday, Sep 11 - 12PM to 8PM; Saturday, Sep 12 - 10AM to 6PM & Sunday, Sep 13 - 9AM to 5PM. Please bring your resume and 3 references. You must bring your valid passport to the interview. Only those attending the recruitment session will be considered.

**The Ramada Calgary**  
708 8 Avenue SW, Calgary, AB T2P 1H2  
(For directions call (403) 263-7600)

**sunwing.ca**



**HEALTH CARE** Massage Therapy ✕ | Medical Office Administrator ✖ | Retail Pharmacy Technician ✕ ✖ | Medical Administrative Assistant ✕

**TECHNOLOGY** Network and Internet Security Specialist ✕ | Help Desk Support Analyst ✕

**BUSINESS & LEGAL** Paralegal ✖ | Business Administration E-Commerce Management ✖ | Accounting and Payroll Administrator ✕ ✖ | Professional Legal Assistant ✕ ✖ | Oil & Gas Administrative Assistant ✕ ✖ | Computer Graphic Design ✖ | Business Administration Management ✕ ✖

- Financial Aid Available to Qualified Applicants
- Career Services Assistance
- High Graduate Employment Rates
- 9 Campuses in AB
- Classes Filling Fast – Call Now to Reserve a Seat

\* Not All Programs Available At All Campuses.

Pertains To A Reeves College Program

Pertains To A CDI College Program

DIPLOMA  
PROGRAMS

**REEVES COLLEGE**  
Guiding Your Success

1-800-710-1448  
[WWW.REEVESCOLLEGE.CA](http://WWW.REEVESCOLLEGE.CA)

**CDI COLLEGE**  
BUSINESS • TECHNOLOGY • HEALTH CARE

1-888-245-6827  
[WWW.CDICOLLEGE.CA](http://WWW.CDICOLLEGE.CA)

Canada's mines and energy ministers say regulatory restructuring is their top priority to position the country for the recovery of the mining sector. The provincial and territorial ministers wrapped up two days of meetings in St. John's, N.L. THE CANADIAN PRESS

# Canada/World

## Ruling spares hate on web

A ruling from a Canadian Human Rights Tribunal member says a law banning Internet hate messages is unconstitutional.

Athanasiros Hadjis ruled yesterday section 13 of the Canadian Human Rights Act violates Charter protections.

While this doesn't throw out the law — that's for the courts — it did let accused hatemonger Marc Lemire off the hook.

Hadjis refused to penalize him or order him to stop posting his messages.

If the example is followed by other tribunal members, it could mean an end to section 13 cases.

The section originated in

**"This is the first time in 32 years anyone has been acquitted under the censorship provisions."**

Ezra Levant

the 1960s as a tool against racist phone hotlines and was later extended to the Internet. It has come under harsh criticism recently.

Pundit Ezra Levant said: "This is the first time in 32 years anyone has been acquitted under the censorship provisions of the Canadian Human Rights Act."

THE CANADIAN PRESS



Michael Ignatieff and wife Zsuzsanna Zsohar meet seven-week-old Noah Lewis after the Liberal caucus yesterday in Sudbury, Ont.

### Ignatieff: No turning back

**POLITICS** Michael Ignatieff says there's no turning back on his decision to try to topple the Stephen Harper government this fall.

And because of the election threat, Ignatieff is cancelling a week-long trip to China, due to start tomorrow, insiders say.

Ignatieff said there's nothing Harper can do to persuade Liberals to continue propping up the minority government.

"We're not in negotiation here," Ignatieff told reporters in Sudbury, Ont.

THE CANADIAN PRESS

## Deadly earthquake rattles Indonesia

**WEST JAVA** At least 44 people were killed and dozens were missing after a strong earthquake rocked southern Indonesia, unleashing mudslides that buried villagers in their homes, disaster management officials said yesterday.

At least 110 people were hospitalized after the 7.0 magnitude quake just off the coast of the densely populated Java island, Disaster Management Agency spokesman Priyadi Kartono said, adding that 10

of them were in critical condition.

The afternoon tremor caused heavy damage across West Java province, where 700 buildings were severely damaged or collapsed. Most of the deaths and injuries were caused by falling debris or collapsed walls and rooftops.

A village in Cianjur district was hit by a landslide, burying dozens under tons of rock and mud. At least 10 bodies were recovered.

THE ASSOCIATED PRESS

### News in brief

**AFGHANISTAN** A Taliban suicide bomber attacked officials leaving a mosque east of Kabul yesterday, killing the country's deputy intelligence chief and 23 other people in a

major blow to Afghan forces. A Taliban spokesman claimed responsibility for the attack as dignitaries were leaving Ramadan ceremonies.

THE ASSOCIATED PRESS

**it's a discount-rama.**

Feel the joy of getting \$25 off any new Koodo mobile phone.

**Get \$25 off any new phone.**

Offer valid until September 6th.

Now that's a great deal. Get the phone you want for less.

koodomobile.com

**koodo**  
mobile™

Good call



FUTURE SHOP

LONDON DRUGS

Walmart

Zellers

Koodo  
shop

Calgary  
Market Mall  
Marlborough Mall  
Southcentre Mall  
Sunridge Mall

Red Deer  
Bower Place

(1) No purchase necessary. Contest ends October 1, 2009. See buildabash.ca for Contest Rules.

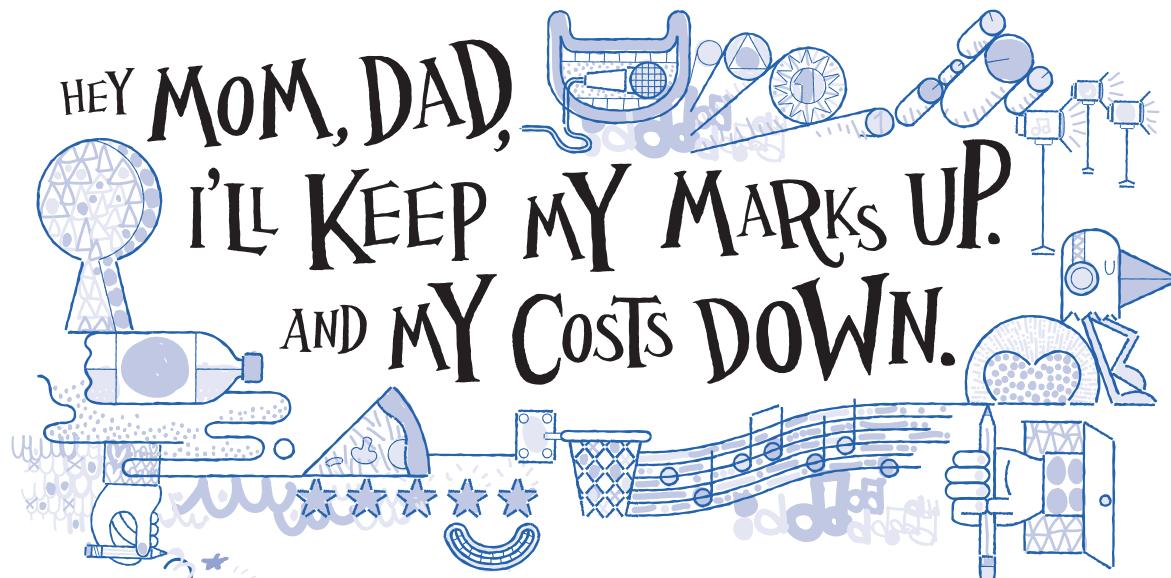
BUILD-A-BASH AND WIN!\*

Enter PC9A55F at buildabash.ca for points towards a koodo-rific party.

Windows®. Life without Walls™. HP recommends Windows.



Get your entertainment your way with HP and Windows Vista® Home Premium.



Your kid knows a good deal about computers.



#### HP Pavilion dv6 Entertainment Notebook PC

Designed for post-secondary life. The ultimate balance of sophisticated digital entertainment features, the latest mobile technology and unsurpassed style.

It's built tough to last through years of essays, all-nighters, exams, and of course, staying connected with the family. They know it's a good deal. Now you do, too.

**\$899.99\***

**PLUS get HP mini speakers  
and a wireless mouse FREE,  
exclusively from [hpshopping.ca](http://hpshopping.ca),  
with the purchase of select HP Pavilion laptops.\*\***

[hp.ca/bts](http://hp.ca/bts)

THE COMPUTER  
IS PERSONAL AGAIN.



\*Prices are HP suggested retail prices. Retailers may sell for less.

\*\*Offer valid on purchases made until September 10, 2009 (or while quantities last) on select HP Pavilion notebook PCs. These offers are available through [hpshopping.ca](http://hpshopping.ca) exclusively. Total value of the HP Mini speakers and wireless mouse (Free) accessories is \$79.98 CDN. Simulated screen. Products may not be exactly as shown. © 2009 Hewlett-Packard Development Company, L.P. The information contained herein is subject to change without notice. The only warranties for HP products and services are set forth in the express warranty statements accompanying such products and services. Nothing herein should be construed as constituting an additional warranty. HP shall not be liable for technical or editorial errors or omissions contained herein.

# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

**Comment**

## Opposites attract in money matters

**Relating****Steve Collins**

metronews.ca/collins

*Money is not the most important thing in the world. Love is. Fortunately, I love money.*

**— Jackie Mason**

In matters of money, is your ideal mate frugal or frivolous? The answer may be itemized

in your own credit card statement.

Researchers at the University of Michigan's Ross School of Business who surveyed 1,000 married and unmarried adults identified a tendency for skinflints and squanderers to seek each other out.

The more unhappiness respondents reported with their particular monetary kink, whether it was overspending or oversaving, the more they were attracted to the other extreme. In this case, it seems opposites really do

attract, and, as even a non-scientist might predict, that's trouble.

Take the typical couple's set-tos over money matters then add the irritant of one partner obsessively building a nest egg while the other seems intent on poaching. Stir vigorously and

at this anxious economic pass, obviously it's the profligate spender who's going to take the most flack, but what about the stimulus-choking hoarder? Neither extreme approach to money is necessarily a virtue.

Perhaps the cheap-skates need to learn to loosen up a little as much as the shopaholics need a bit of self-restraint.

But as some women find themselves drawn, mortifying clichés notwithstanding, to the bad boy, perhaps Mr. Bad Credit Rating has a similar allure. I've never been seriously tempted to hook up with a big spender, and just between you and me, I've never been financially well-endowed enough to really tempt one,

either.

There isn't much fiscal turmoil at chez Steve. I'm half Scottish and my thrifty beloved is not only Scotch but also Dutch. Loath as I am to perpetuate ethnic stereotypes, she's definitely the more penny-pinching half of this small-spending couple.

When we go out, she audits me for over-tipping, though she's a softer touch when hit up for spare change.

A married couple we know are our opposite, but also allegedly finan-

cially compatible. Neither is what you'd call tight with a dollar. Both are impulse buyers, neither ever has much money left over, and they give each other hell about it. (This is far from the only thing they spar over.)

We muddle through based on roughly similar values, lots of laughs and uncommonly good chemistry. Separate bank accounts, in my experience, are also helpful.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

**Views**

## Runner's gender testing tests prejudices

**FourthWave****Canice Leung**

metronews.ca/fourthwave

When the world poked and prodded at prodigious South African runner Caster Semenya, musing whether she was a he, I assumed feminists would universally come to her aid — not so.

Take Germaine Greer, who advocated sexual liberation in her book *The Female Eunuch*. She recently

wrote about the gender-ambiguous in the Guardian: "Nowadays we are all likely to meet people who think they are women, have women's names, and feminine clothes and lots of eyeshadow, who seem to us to be some kind of ghastly parody, though it isn't polite to say so."

Funny ... as a biological female I often feel like a ghastly parody — my curves not globular enough; too much makeup or not enough. Men, women and in-between all fear they don't resemble their idealized images.

Woe be to the individu-

als whom genetic roulette places on the middle of a continuous spectrum somewhere between male and female. We've learned to tolerate most every kind of change in stride but not gender-bending.

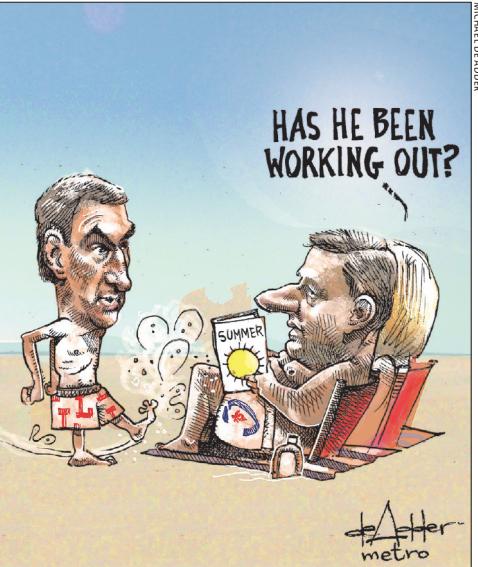
The historical outcome of gender testing, before it was discontinued in 1999, was mostly a bunch of identity crises when female athletes learned they had chromosomal disorders. Most recently, India's Santhi Soundarajan was stripped of her Asian Games silver medal in 2006 after she was found to have androgen insensitivity syndrome, in which a genetic

male appears female because the body is resistant to male hormones.

Poor girls — merely being athletically competitive is a transgressive act that thrusts women into a man's world. If anyone should have understood, it was Semenya's colleagues, but they, too, turned against her.

"These kinds of people should not run with us. For me, she's not a woman. She's a man," accused Italian Elisa Piccione, who finished sixth to Semenya.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



Tell us your views by email to [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrocalgary  
Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Calgary 3030 – 3 Avenue NE, Suite 120, Calgary, AB T2A 6T7, Tel: 403-444-0136; Fax: 403-539-4940; Advertising: [adinfo@calgary@metronews.ca](mailto:adinfo@calgary@metronews.ca); [calgary\\_distribution@metronews.ca](mailto:calgary_distribution@metronews.ca); News: [darren.krause@metronews.ca](mailto:darren.krause@metronews.ca)

pride dance party  
saturday, sep 5  
8pm-2am  
at \*BELGO\*  
501 8 ave sw  
tickets \$20  
at the door & @  
[www.pridecalgary.ca](http://www.pridecalgary.ca)

pride calgary  
september 5 & 6, 2009  
.connect.

PrideCalgary event info & updates on [facebook](#)

pride parade  
sunday, sep 6  
starts @ 12pm  
8 st & 8 ave sw  
to olympic plaza  
followed by street fest  
at olympic plaza until 6pm  
beer gardens, vendors, dj's

**JEANS**  
**\$5 off**  
**\$12.95 (\$17.95)**

max 2 pcs/customer.\*



\*Other restrictions may apply.

H&M

1 in 100  
Chance

# WIN YOUR TUITION for a year!

## or \$5000 CASH

when you purchase a new vehicle from CMP

STUDENTS & GRADS

WE'LL  
MAKE  
YOUR  
FIRST TWO  
PAYMENTS

ends Sept. 12th, 09

 In-Stock

**2009 CHEVY AVEO**  
MSRP \$14,995  
**\$9,988**  
+ freight

**\$68**  
PAYMENTS  
ZERO DOWN

C90984

 In-Stock

**2009 PONTIAC G5 SEDAN**  
air conditioning  
MSRP \$18,395  
**\$13,988**

**\$92**  
PAYMENTS  
ZERO DOWN

P90913

 In-Stock

**2009 CHEVY HHR**  
Automatic, remote start  
MSRP 23,485  
**\$18,488**

**\$123**  
PAYMENTS  
ZERO DOWN

C90548

 In-Stock

**2009 BUICK ALLURE**  
remote start, 6 seats, 17" chrome tech wheels  
MSRP \$31,335  
**\$23,988**

**\$153**  
PAYMENTS  
ZERO DOWN

P90339

 Great Deal

**2009 PONTIAC SOLSTICE**  
Leather, power package, keyless entry  
MSRP \$32,935  
**\$24,888**

**\$166**  
PAYMENTS  
ZERO DOWN

P90888

 In-Stock

**2009 GMC SIERRA**  
4WD, A/C, locking diff.  
MSRP \$30,685  
**\$19,988**

**\$133**  
PAYMENTS  
ZERO DOWN

P90987

up to **0% INTEREST** for **72 MONTHS**

price includes \$1000 GM loyalty bonus, payments based on 84 month 5.79% biweekly payments, O.A.C, fees and GST extra, errors and omissions exempt. "Win your tuition contest is for 1 year(2 semesters) tuition fees for a Canadian post-secondary institutions and may not exceed \$6,000. Purchase deadline is September 12th. Winner will be chosen by random draw. "We'll make your first two payment" promotion based on General Motors Student Bonus program, rules and restrictions apply. Visit CMP for complete details

Calgary's GM Choice



**403-207-2457**  
[cmpauto.com](http://cmpauto.com)



CORNER OF 16TH AVE & 36 ST. N.E.

MONDAY - THURSDAY 8AM-9PM

FRIDAY 8AM-6PM

SATURDAY 9AM-6PM

AMVIC LICENSED

**Superior Plus to buy Sunoco assets in U.S.**Superior Plus Corp., Canada's largest propane dealer, says it is scooping up Sunoco Inc.'s retail heating oil and propane distribution business for \$82.5 million US. **THE CANADIAN PRESS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## **Oil profit to drop: Analysts**

**Oil industry profits this year are expected to be 24 per cent lower than in 2008, the Conference Board of Canada predicted yesterday, citing a startling drop in crude prices as the main culprit.**

"The Canadian oil industry has long been a boom or bust industry, and that has been the case over the past year," said Todd Crawford, an economist with the Ottawa-based econom-

ic think-tank.

The Canadian oil industry's pre-tax profits are estimated to drop to \$11.6 billion, down from \$15.3 billion in 2008.

The price of crude oil touched record highs above \$147 US per barrel last July, only to shrink by three quarters within six months to below \$35 US per barrel. Prices have since doubled to around \$70 US per barrel, but re-

**Gas excluded**

- The Conference Board forecast excludes the natural gas extraction industry, which has been hit even harder in recent months.

main less than half their record highs. Oil production is expected to rise only 1.8 per cent this year compared to 2008, when output fell. **THE CANADIAN PRESS**

**Business in brief**

**AUTO** Ford Motor Co. of Canada leapt ahead of its rivals yesterday by offering consumers up to \$3,000 if they scrap their old autos and buy new company vehicles. That's double the maximum amount Chrysler Canada is using in its "cash for clunkers" program. Hyundai Canada is offering \$1,000 in a similar program.

**THE CANADIAN PRESS****ATTENTION ALL FOREIGN WORKER/STUDENTS**

You have the option to **become a permanent resident** of Canada under AINP, Canadian Experience Class or even under the Skilled Worker Class.

Don't lose your chance. Call now to discuss your options.  
**780.628.7040 | www.annarbour.com**

Ann Arbour Consultants Inc. (certified immigration consultants)

## **Learn how you can turn income tax into income.**

### **H&R Block Tax Course Begins September 16**

**How does the average taxpayer cut through the confusion of complex tax laws?**

Filling out the proper tax forms without making mistakes is tricky enough. A taxpayer must also be careful to manage money year-round while being constantly vigilant for news of current, ever-changing regulations. How do Canadians make use of all the laws that were designed to give them a break? Many turn to tax professionals.

**You could become a professional tax preparer.**

If you like to work with numbers and enjoy helping people, you may find tax preparation is just what you're looking for. As a qualified tax professional, you'll enjoy the challenge and satisfaction of helping people save money on their taxes.

**Take the H&R Block Income Tax Course.**

An excellent way to learn tax preparation is with H&R Block, the nation's largest tax preparation firm. The course will provide you with comprehensive, practical training in the most commonly encountered items on personal income tax returns.

A tax-related career is perfect for students, retirees or stay-at-home parents seeking seasonal full or part-time work. Qualified students may be offered job interviews for positions at H&R Block. All you need is a desire to learn.

Register online at [hrblock.ca](http://hrblock.ca) or call 1-877-32BLOCK (322-5625) for details.

Enrolment restrictions may apply. Enrolment in, or completion of, the H&R Block Tax Training School is neither an offer nor a guarantee of employment. This course is not intended for, nor open to any persons who are either currently employed by or seeking employment with any professional tax preparation company or organization other than H&R Block. © 2009 H&R Block Canada, Inc.

# **HELD OVER! LAST 5 DAYS!**

## **Home Phone Lines**

### **All Features FREE!**

- ✓ Caller ID
- ✓ Voicemail
- ✓ Call Forwarding
- ✓ Call Waiting
- ✓ Keep Your Existing Phone Number
- ✓ Free Comwave to Comwave calls WORLDWIDE!

#### **4 Great Plans to Choose From**

comwave® Enhanced	comwave® Unlimited Canada	comwave® One-Rate	comwave® Global
<b>\$14.95</b> UNLIMITED Local Calling ✓ All Features FREE	<b>\$19.95</b> UNLIMITED Calling to Canada ✓ All Features FREE	<b>\$29.95</b> UNLIMITED Calling to Canada & U.S.A. ✓ All Features FREE	<b>\$39.95</b> UNLIMITED Calling to 25 COUNTRIES! ✓ All Features FREE



**Held Over By Popular Demand For One More Week!**

# **FINAL WEEK**

**6 Month Free Promotion Ends September 7<sup>th</sup> - CALL NOW!**

# **6 MONTHS FREE!**

- **KEEP YOUR EXISTING PHONE NUMBER!**
- **SATISFACTION GUARANTEED!**

**Comwave will remain open on Labour Day Monday, September 7<sup>th</sup> for your convenience.**

**403-451-5800**  
**comwave®**

[www.comwave.ca](http://www.comwave.ca)

HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The 6 months free promotion does not apply to the Global Home Phone Plan. Limited to 3000 minutes per month. The rates are based on a 3 year term. 6 Months Free - You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. Terms and conditions apply, see [www.comwave.net](http://www.comwave.net) for details.

**Career Finder**

To advertise contact  
Metro Calgary at  
t: 403-444-0136 or  
e: [adinfocalgary@metronews.ca](mailto:adinfocalgary@metronews.ca)

**Live In Caregiver**  
needed for family  
with one young child.  
Req. flexible hours,  
weekend work.  
Fax resumes to  
**403-228-5708**



**HAVE FUN MAKING MONEY AS  
AN ACTOR OR MOVIE EXTRA  
ON CALGARY FILMS?**

**CONTACT JILL (403)-521-0077**

**Service Directory**

To advertise contact Blaine Schlechter at 403-444-0136

PSYCHIC

**Mystic Eye Spiritual Readings****47 YEARS EXPERIENCE**

100% Guaranteed Results

- Palm • Tarot • Crystal Ball • Energy Readings • *Come in today for a better tomorrow*
- PH: (403) 228-2258**  
By Appointment Only

**Solve all Problems of Life**

**THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS  
HERITED TO GENERATION RENOWNED INTERNATIONAL**



Are you searching for solutions to your problems?

It's never too late to find answer.  
Madia has 26 years experience as a spiritual healer  
reuniting loved ones, maintaining harmony in coupled,  
preventing separation, improving business success,  
protecting against negativity and evil spells.

100% results Guaranteed in 48 hours.

**100% RESULTS GUARANTEED IN 48 HOURS**  
CALL MADIA AT 403-475-2589 OR 403-305-2129

**STAPHA—AFRICAN PSYCHIC**

Reuniting Loved Ones • Stopping Divorce  
Removing Bad Spirits • Success in Business  
Healing Protection

**RESULTS GUARANTEED  
403-802-0367**

## FINANCIAL

**\$500\$  
loan service**

by phone, no credit  
refused, quick and easy,  
payable over  
3, 6, or 12 installments.

**Call toll free:  
1-877-776-1660**

## OPTICAL

**GOLDEN OPTICAL**  
PROFESSIONAL SERVICES • 1 HOUR SERVICE AVAILABLE

**\$150  
OFF**

With frame &  
progressive (AR)  
lenses purchase

**\$100  
OFF**

With frame and single  
vision (AR) lenses purchase



**GOLDEN OPTICAL**  
Dragon City Mall  
#115, 328 Centre St. S.  
Calgary 403-262-8123

## CONSULTING

**COMPUTER CONSULTANTS**

Microsoft - Symantec - Altiris

- Small Business Servers
- AD, Exchange & SCCM2007
- Desktop Imaging & Roll out
- Symantec Data Protection
- Symantec Antivirus
- Altiris 7 Management Suites

[WWW.ROANS.NET](http://WWW.ROANS.NET)

403-606-8419

**10**

**Metro Homes**

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

**Inspiration out of Africa**

EMMA YARDLEY  
for Metro Canada

**Pierre-Emile Legrain, one of the founders of the Parisian Art Deco movement in the early 20th century, made it his mission to integrate African arts into Western decor. His work popularized the African-influenced motifs found in interiors today.**

"Ritual and utilitarian objects from Africa, which were previously considered curiosities, became sources of inspiration," says Dr. Silvia Forni, an assistant curator at the Royal Ontario Museum and expert in African culture.

"Since then, many western furniture and fashion designers have found inspiration in African forms and materials in the creation of new and fascinating lines."

African-inspired animal prints and materials provide a neutral colour palette that seamlessly blends with your other furnishings.



The combination of curlicue armrests and worn leather is a great example of using raw materials in classic furniture.

**Cotswold Sofa, \$5,298, Anthropologie, anthropologie.com.**

The woven grass and curved rattan wood used to make this 1960s-inspired Tunis chair are both natural materials found throughout the African continent. Anthropologie, \$948, anthropologie.com.



[www.rentingwasfun.com](http://www.rentingwasfun.com)

**CALGARY, AB.** Own your own home for pennies down. If you're like most renters you feel trapped within the walls of a house or apartment that doesn't feel like yours. How could it when you're not even permitted to bang in a nail or two without a hassle. You feel like you're stuck in the renter's rut with no way of rising up out of it and owning your own home.

Well don't feel trapped any more! A new FREE Special Report entitled "How To Stop Paying Rent and Own Your Own Home" has already helped

dozens of local renters get out from under their landlords finger, and move into a wonderful home they can truly call their own. You can make this move too by discovering the important steps detailed in this Free Special Report.

It doesn't matter how long you've been renting, or how insurmountable your financial situation may seem. With the help of this report, it will become suddenly clear to you how you really can save for the down payment and stop wasting thousands of dollars on rent.

To get your FREE copy today visit 403.875.1122 or call  
**www.rentingwasfun.com**

Courtesy of Nathan Singh | Licensed Realtor in the Province of Alberta  
Calgary First Real Estate | 2116-14th Street NW

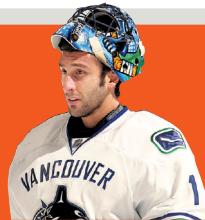
**Metro's Pick:**  
The Queen Mother dark wood stool accomplishes the triumvirate of class, substance and style.



**Canada still No. 66 in world soccer**

Confederations Cup champion Brazil remains atop the FIFA rankings for a third straight month. European champion Spain stayed second, followed by the Netherlands in world rankings announced yesterday. Canada remained unchanged at No. 66, sandwiched between Saudi Arabia and Wales. **THE ASSOCIATED PRESS**

# Sports



EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

## Coyotes' fate on hold

Hearing adjourned without ruling on Balsillie's bid

**Jim Balsillie's bid for the Phoenix Coyotes remains on hold.**

A U.S. bankruptcy hearing adjourned yesterday without a decision on whether the BlackBerry boss could take part in an auction for the troubled NHL franchise. There was no immediate word on when Judge Redfield T. Baum will rule on the issues.

"I totally respect the court process. Whenever he rules it I will respect his ruling," Balsillie said.

"I still think our bid is best by far the best for creditors, for fans, and the long-term viability of the team. All I wanted from the very beginning is a chance for a level-playing-field court-supervised auc-

**"I totally respect the court process. Whenever he rules it I will respect his ruling."**

Jim Balsillie

tion where we could participate."

"The process continues, but we are getting closer to a culmination of these proceedings," added NHL commissioner Gary Bettman, who added he was not disappointed that Baum did not make a ruling yesterday.

"I don't think that would be a fair characterization," he said. "As the judge indicated, a tremendous amount of paper and pleadings have been submitted. I'm sure the judge wants to be completely

comfortable he's had ample opportunity to review everything and reflect on it appropriately."

In court, lawyers for the NHL and Balsillie offered different visions of the Coyotes this season.

The NHL defended its position not to accept Balsillie as a potential owner and insisted the team had to stay in Arizona while a lawyer for the Canadian billionaire claimed that the team could move to Hamilton partway through the season.

THE CANADIAN PRESS

## Luongo signs long term

The Vancouver Canucks have agreed to a 12-year, \$64-million US contract extension with star goaltender Roberto Luongo, left. The deal will keep the 30-year-old Canucks captain in Vancouver until the 2021-22 season. Luongo was 33-13-7 last season with a franchise-record nine shutouts. In 544 career games, the Montreal native is 230-232-64 with a 2.57 goals-against average.

THE CANADIAN PRESS

### Sports in brief

**PACMAN** The Winnipeg Blue Bombers won't be signing Adam (Pacman) Jones after all. The team yesterday ended its pursuit of the controversial ex-NFL cornerback, one day after a source told The Canadian Press that Jones had agreed to join the team. **THE CANADIAN PRESS**

## ACCESS LEGAL RESEARCH INC.

- CRIMINAL PARDON /U.S. WAIVER
- SEPARATION AGREEMENTS
- LAND TRANSFERS
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

**CALL  
403-228-2469**

### Apartment Finder

To advertise contact Warren Smith at 403-539-4948

## realstar management

**RENT NOW AND CHOOSE YOUR \$300 INCENTIVE!**

**CALGARY PLACE APTS.  
609 8TH STREET**

1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management

1-877-570-7025  
[www.calgaryplace.com](http://www.calgaryplace.com)

**ROYAL VIEW APTS.  
1320 16TH AVE. SW**

Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management

1-877-572-1835  
[www.royalviewapts.com](http://www.royalviewapts.com)

**GLENMORE HEIGHTS  
620 67TH AVE. SW**

1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management

1-877-617-9803  
[glenmoreheights.com](http://glenmoreheights.com)

**GLENMORE GARDENS  
2105 90TH AVE SW**

1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management

1-877-584-2285  
[glenmoregardens.com](http://glenmoregardens.com)

### Effective and cost effective.

To advertise in Metro's Apartment Finder, call Warren today! 403-539-4948



## The 3G Palm® Pre™ Smartphone Voted best mobile phone.<sup>1</sup>



**\$199.95\***

With a \$45 voice and data plan (min. 500MB) on a 3-yr. term.

**PLUS  
\$50  
In-store Credit\*\***

- Manage your Facebook friends and social life in one place
- Open and view multiple applications at the same time
- Integrate all your contacts and calendar into one simple view
- Email and text with a brilliant touchscreen and slide out keyboard

Offer ends September 30, 2009. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Other monthly fees, e.g., 9-1-1, system access (\$6.95; not a government fee), and one-time device activation (\$35) apply. \$6.95 system access fee is available with new activations and to existing customers who agree to a new committed service period (excluding corporate accounts). Paper bill service charge (\$2/mo) applies unless you register for e-bill and cancel your paper bill. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) Based on phones evaluated at the Consumer Electronics Show 2009. (2) With new activation on a post-paid voice plan and a data feature (min. 500MB) with a total min. value of \$45/mo. You must keep a min. \$45/mo. post-paid voice and data plan for 12 months after activation, otherwise a one-time data service price adjustment of \$99 will be charged on your account. Palm and Pre are among the trademarks or registered trademarks owned by or licensed to Palm, Inc. \*\*Limited time offer. Offer may end without notice. No cash value.

Visit a Tbooth store • [www.tbooth.ca](http://www.tbooth.ca)

**booth**  
MAKING PHONES RIDICULOUSLY SIMPLE

Ace of Cakes returns to Food Network with a new season tonight at 10 p.m. ET and 11 p.m. PT. When the hit series Lost needs a cake to celebrate their 100th episode, actor Jorge Garcia calls Duff at Charm City Cakes to commission a cake creation. METRO NEWS SERVICES

# Food

**Don't forget, if using wooden skewers, to soak them in water for 20 minutes prior to threading on meat or vegetables. This helps prevent the skewers from burning on the grill.**

20 MINUTE SUPPER CLUB



EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

## Apricots and nectarines

Summer fruit stars in these skewers and dessert dish

**Getting ready to go back to school? Don't stress over finding cheap eats to get you through your next semester. Try the new Student Saver Guide on 20minutesupperclub.com. It's an easy way to stay healthy and keep within your food budget this year!**

Take your one last chance to get out and grill while the weather is still warm with this week's sweet yet tart meal! Fire up and grill these delicious Chicken Skewers with Black Pepper Apricot Glaze. For a fresh finale, try these Baked Lime Nectarines in the oven or on the grill.

### Fire Roasted Chicken Skewers with Black Pepper Apricot Glaze

Recipe developed by Paula Bowman.

SERVES 4

PREP TIME: 10 MINUTES

COOKING TIME: 10 MINUTES

#### INGREDIENTS:

- 1/2 lb green beans, trimmed
- 1/4 cup apricot jam
- 3 tbsp cider vinegar
- 1/4 tsp freshly ground black pepper plus more for seasoning
- 1 garlic clove, minced
- 1 1/2 lbs skinless and boneless chicken breast, cut into 1-inch cubes
- 1 fennel bulb, quartered lengthwise, cored and



Fire Roasted Chicken Skewers with Black Pepper Apricot Glaze

thinly sliced, fronds reserved

- 6 small radishes, halved and thinly sliced into half-moons
- 2 tbsp extra virgin olive oil, plus more for oiling grill

• 1 lemon, zested and juiced

#### METHOD:

Preheat grill to medium-high.

Fill a large bowl of water with ice water and set

aside. Bring a saucepan of salted water to a boil. Blanch green beans in boiling water until tender-crisp, about 4 minutes. Remove from boiling water and plunge in ice water until cooled. Drain and pat dry with paper towels. Cut into 2-inch lengths and set aside in large bowl.

Meanwhile, combine next 4 ingredients together in bowl. Stir until smooth and well blended and set aside.

Thread chicken pieces onto 8 metal or presoaked wooden skewers and season with salt and pepper. Lightly brush grill with olive oil, place chicken skewers on grill and cook

### Tasty extras

- Exclusive contest for Metro readers! Visit 20minutesupperclub.com/metro and be entered to win a \$50 President's Choice gift certificate to stock your cupboards with delicious PC products to create your favourite 20 Minute Supper Club recipes! For product information and store locations, visit PC.ca. A weekly winner will be drawn until the end of October.

for 2 minutes. Turn skewers over one quarter turn and baste cooked side with glaze. Continue to cook, basting and turning as needed until cooked through, about 8-9 minutes total. Remove from heat, cover chicken lightly with foil and assemble salad.

Read more on page 13

# JUGO JUICE.

{ SQUEEZE OUT A  
LITTLE MORE SUMMER }

NEW!

## ORANGE SQUEEZE

RETRO FEATURE SMOOTHIE  
A REFRESHING BLEND OF PEACHES, MANGO,  
ORANGE JUICE & TROPICAL NECTAR.

5 SERVINGS OF FRUITS

jugojuice.com

\*AVAILABLE AT PARTICIPATING CALGARY JUGO JUICE LOCATIONS FOR A LIMITED TIME.



Baked Lime Nectarines

&gt;&gt; Continued from page 12

Add fennel and radishes to reserved green beans, drizzle with olive oil, lemon zest and juice and season with salt and pepper. Garnish with some of the reserved fennel fronds.

Serve salad divided between 4 plates with skewers of grilled chicken.

**Baked Lime Nectarines**

SERVES 6

PREP TIME: 5 MINUTES

COOKING TIME: 20 MINUTES

**INGREDIENTS:**

- 3 large nectarines
- 2 tablespoons honey
- 2 tablespoons lime juice
- Optional:**
- Vanilla ice cream
- Grated semisweet baking chocolate

**METHOD:**

Preheat oven to 325°F. Cut nectarines in half around the center. Dig out pit with a spoon. Place cut side up on a baking sheet.

Drizzle the honey and lime juice over the nectarine edges and in the pit cavity.

Bake for 20-30 minutes depending on the ripeness of the nectarines. Remove from oven and place in individual serving bowls.

Let cool a few minutes. If desired, add a scoop of ice cream to each bowl and grate chocolate over top.



METRO NEWS SERVICES

**Liquid Assets**
**Peter Rockwell**

metronews.ca/liquidassets

**One sweet sip**

**S**ome things in life are just too hard for me to understand. Things like: The CBC's decision that what's really missing from my afternoons are reruns of Ghost Whisperer, how Chris Brown can sleep at night and, closest to my heart, why so many people I meet complain that they can't finish a full bottle of wine in one sitting.

Jennifer Love Hewitt's acting and slap happy musicians aside, leave it to the innovative Aussies to solve the "too much wine" problem. Hardys has created a 250 millilitre bottle they call the shuttle that's made of plastic (yes, plastic) with a screw-off cap that — get this — has its own glass attached.

The Stamp Series 2007 Chardonnay Semillon (\$4.25 - \$4.99) is a soft, lightly tropical white with a rich, citrusy finish, while the Stamp Series 2008 Shiraz Cabernet Sauvignon

(\$4.25 - \$4.99) is a bright, easy-drinking red with lots of dark cherry/berry fruit and a touch of spice.

Both are food-friendly and offer the same juice as their readily available 750 millilitre counterparts (in case you could use a second sip) and are perfect for picnics, camping or just to have around the house for when unexpected guests pop over.

*Prices reflect the range across the country. Some products may not be available in all provinces.*



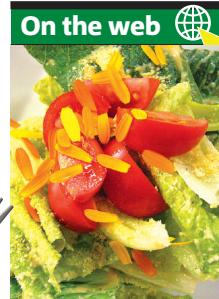
Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

**Editor's Note**

- Starting next week, the Food section is moving to Tuesdays, bringing you great recipes and terrific food content earlier in the week.
- Starting next Thursday, Metro is launching Urban Foodie, a column that reviews Calgary's best dining spots.

**Food in brief****FAIR TRADE**

By summer 2010 Cadbury Dairy Milk bars will be Fair Trade Certified, bringing Fair Trade chocolate to grocery stores, gas stations and convenience shops across Canada.

**Global Peasant:**

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant for a recipe for raw caesar salad dressing.

**NEW BUILDING INFORMATION MODELING (BIM) COURSE, REVIT ARCHITECTURE FUNDAMENTALS CADD-210****Learn how to:**

- Use Revit Architecture software
- Create full 3D architectural project models
- Develop working drawings using the basic Revit Architecture tools
- Enable your company to take advantage of this major evolution in building design tools

CONTINUING EDUCATION

**FURTHER YOUR PASSION**

FOUNDING SPONSOR

REGISTER NOW FOR  
SEPTEMBER CADD-210  
COURSE AT SAIT.CA  
403.284.7248

**What you need to know about****dangers of the Bow River weirs****The Bow River weirs can kill you.**

Many have died attempting to boat or swim over the weir (low dam) in the Bow River, downstream from St. George's Island (Calgary Zoo).

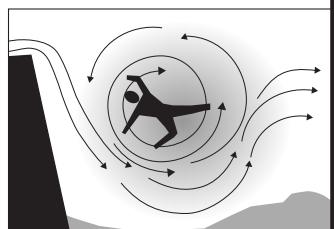
Venturing over the weir is risking certain death. Escape is impossible once you are caught in the swirling water. The water is equally dangerous near the weir at Wyndham-Carseland Provincial Park and above or below any other dam.

No matter how big your boat is, water currents at the weir's base will grab and capsizes it.

**How to avoid the dangers:**

- Read and heed all warning signs.
- Portage around weirs.
- Do not play near weirs.
- Warn your friends and family.

For more information about safety around weirs, call 403-297-6517.



Government of Alberta ■

# COME TO ME, WARM SPONGY CANTALOUE. FOR THE MEETING IS OVER & I ALONE SEE YOUR POTENTIAL.

**ESCAPE  
THE OFFICE  
DRAMA.**

45 MINUTE COMEDIES & MUSICALS.  
DAILY AT LUNCHTIME.

**LUNCHBOX  
THEATRE**

AT THE BASE OF THE CALGARY TOWER  
LUNCHBOXTHEATRE.COM

ENCANA

TransCanada

Petro-Canada

BD&P

Alberta Foundation for the Arts

Calgary Council for the Arts

Concordia Arts du Canada

POWER LUNCH. A COMEDY FROM THE AUTHOR OF AMERICAN BEAUTY, SIX FEET UNDER AND TRUE BLOOD. SEPT. 14 UNTIL OCT. 10. TICKETS JUST \$15-18.

**ELEGANCE IN FASHION**  
Best quality, trendy clothes to suit your lifestyle

**NEAREST STAR Boutique**

**Shop Online**  
for the best prices and the best selection of clothing and shoe styles ... Nearest Star Boutique has got you covered! We offer the fantastic selection and great prices you've been looking for!

**Online shopping for dresses, skirts, tops, shirts, and shoes**

The Nearest Star Boutique offers the latest styles and fabrics. Browse our online collection, and see how the Nearest Star Boutique can dress you in elegant fashion, while saving your pocket book!

**www.NearestStarBoutique.com**

**FREE delivery for orders anywhere in Canada!**

Order from the comfort of your home, office, or anywhere in Canada ... we'll pay your shipping for you!

JOSÉPHINE E. AFAM  
josephine@neareststarboutique.com  
403.918.7878

14

Canadian jewellers MYKA Designs recently launched their latest creations, the MOSAIC Collection. It includes statement pieces as well as finer intricate designs. Visit mykadesigns.com. METRO NEWS SERVICES

# Style



## Charity totes

Aldo has partnered with YouthAIDS to launched three new collectible bags with 100 per cent of sales benefiting the cause. The totes (\$10 each) will support AIDS education and prevention programs in Africa. METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

# The white rules

Wearing white clothes after Labour Day is OK but there are strings attached

**It's an old-school rule that you shouldn't wear white after Labour Day, but even the newfound fashion freedom to wear light colours in cooler weather comes with some strings attached.**

When summer really is turning into fall, it's time to re-evaluate the fabrics in your closet. Linen should get packed away first — and it doesn't really matter what colour it is, says designer Shoshanna Gruss.

"You wouldn't wear a strapless sundress if it were white linen or black linen in the fall," she says. "Summer clothes are summer clothes, but, colourwise, it's more interesting and fun to play with your wardrobe and not leave any colour out."

Her quick replacement for that cocktail-party sundress would be a brocade, which she says would look stunning in a creamy white and probably complement most skin tones in the process. Indian summer and early fall is when many people look their best with just a hint of a golden glow, and a rich white will show that off, Gruss says.

Considering the Little Black Dress is so famous — and so popular — the woman who wears the Little Winter White Dress has the chance to be the first one noticed in a crowded room, adds Kelly Golden, owner of the upscale store Neopolitan in Winnetka, Ill. "The right shade of winter white

is flattering on everyone. It looks rich," she says.

When it comes to pants, Gruss will be switching to winter-white wool, probably paired with a jewel-tone sweater, or, even better, a chocolate-brown top.

Don't put away white denim, though, says Suze Yalof Schwartz, executive fashion editor-at-large at Glamour. Nothing is more chic than white jeans in the wintertime with a chunky cosy sweater or a blazer and leather boots, she says. That will look "very Michael Kors."

Stephanie Greenfield, the owner of Scoop boutiques and designer of the Curations collection for HSN, makes the case for a Jackie Onassis-inspired outfit: a black turtleneck with those white jeans, animal-print ballet flats

and either a cuff bracelet or pendant necklace.

A shot of white, maybe a turtleneck under a sweater or a white shirt under a cardigan, can also have a slimming effect in the way a black vertical stripe does on a bathing suit. Mixing a few tones of white in the same outfit can be very cool, adds Patrick Robinson, creative director at Gap. Yalof Schwartz likes a white sweater dress worn with dark opaque tights. White legwear is almost always a no-no, however.

Greenfield prefers the purity of white, so she recommends staying away from prints and wearing it instead with tonal solid-colour pieces, especially camel and oatmeal. To her, navy-and-white combinations scream "spring."

As long as you can keep it clean, white outerwear is a way to make a striking and stylish statement, says Greenfield, who has both a white down vest and white ski jacket — which she alternates as her cold-day "uniform." "There are ways to wear white after Labour Day and not stick out like a sore thumb."

THE ASSOCIATED PRESS

Left: A strapless tulip dress from Shoshanna Lonstein's fall 2009 collection. The designer likes the idea of playing with colour all year round.



## Gucci shopping: just a click away

**WEBSITE** Local luxury lovers can now get a fashion fix with the recently launched Canadian version of Gucci.com. The site includes the ready-to-wear collections and the knockout accessories as well as items that are exclusive to the Canadian site and can't be found in the Toronto and Vancouver Gucci stores. But you don't necessarily need to pull out the platinum card to indulge in some of the sexy jet-set vibe of this iconic brand — besides perusing the merch, visitors can check out a front row view of the Gucci fashion show.

TORSTAR NEWS SERVICE

## Fashion Week

- Beginning next week, Metro Canada will bring you exclusive coverage from fashion weeks in New York, London, Milan and Paris, along with the latest in Canadian fashion. The series starts on Sept. 10 with New York and continues weekly with London (Sept. 17), Milan (Sept. 24), Paris (Oct. 1), and Toronto (Oct. 15).



PHOTO COURTESY OF SHOSHANNA LONSTEIN

**RECOMMENDED BY METRO READERS**

**Top 5 Real Estate Agents**

**Rudy Spiess - Remax**  
"We have used him for 2 home sales and he has ensured we have received the best value as a seller and a buyer!"

**Michael Bladon**  
"Michael is great with first-time home buyers. He is very efficient, knowledgeable and addresses all questions and needs."

**Lucia Bermudez**  
"Lucia is trustworthy and will always make sure she gets you in the right home for you."

**Denise Murray**  
"Denise is very personable & knowledgeable."

**Natalie Borys**  
"Perfect, it will get you a very good deal, knows the tricks of the trade."

Visit [metronews.ca/gigpark](http://metronews.ca/gigpark) for thousands of reader recommendations

Powered by **metro** and **gigpark**

**STRIDE SHOES**

**Text and Win**

**New Fall Shoes**

[www.strideshoes.ca](http://www.strideshoes.ca)  
1113 Kensington Rd NW ph. 403.283.6174

**Text "SHOES"**  
**to 889988 on**  
**your mobile phone**  
**to win great prizes**  
**including**



**TSUBO**



ELLE Canada magazine on sale now!

Celebrate our 100th issue with daily prizes, only in our October issue!

STYLE CONTENT BY ELLE CANADA, SEE MORE AT: [ellecanada.com](http://ellecanada.com)

style 15

# Discovering young Coco

Audrey Tautou plays Chanel before the designer was a legend

By MANON CHEVALIER  
Contributing Writer

The last time we interviewed Audrey Tautou, she told us that her "star had reached its zenith with Amélie." That was eight years ago, and the young French actress was still coming to terms with her new stature as an international starlet. "You can't imagine yourself a hurricane of glory when you're not responsible for that glory," she said. "Nothing prepares you for it." Unlike the optimistic pixie heroine who transformed her into a supernova success, Tautou de-

scribes herself as "profoundly pessimistic," adding that it's a burden to be associated with such an idealistic and kind character. "No one forgives you if you're not being the ubiquitous good fairy," she said.

available everywhere for everyone, spreading love



and happiness," she

said. "In short, everyone wants you to perform miracles — like Amélie." Tautou has starred in other films (*Dirty Pretty Things*, *The Da Vinci Code*), but it's her latest film — *Coco Before Chanel* — that will

reignite another "hurricane" of frenzied attention. But, unlike *Amélie*, Tautou says that she and the legendary fashion designer share similar traits. "What links me to Coco is a certain strength of character," explains the 33-year-old actress. The film, which focuses on Gabrielle Chanel's early years before she achieved her iconic fashion status, is set to debut at this year's Toronto International Film Festival.



## MODERN SCULPTURE

Softly chiselled cheeks are back

**EXPERT** SHERI STROH,

Toronto-based makeup artist

- Even out the skin tone with a matte foundation, and apply concealer where needed.
- Use an angled blush brush to apply a light to medium matte bronzer in the hollows of the cheeks. (Making a "fish face" will help you find the right spot.) Starting an inch or so away from the mouth and nose, softly blend under the cheekbone and up and out toward the ear.
- Press a light concealer onto hydrated lips or apply a nude lipstick for the same effect.



## Editors' Pick

### HIGH SEASON

Harry Josh, celebrity stylist for John Frieda, on how to wear an updo:



- Keep it relaxed. "If it's too polished, you just end up looking matronly," says Josh.
- If you wear your hair up often, Josh recommends getting bangs and layers around your face. Once your hair is up, pull out the layers to create a frame for the washing and brush through a flexible hairspray or dry shampoo beforehand.

## Jump on some hoppin' apps.



BlackBerry® Curve™  
8330 smartphone



BlackBerry® Storm™  
9530 smartphone



NEW BlackBerry® Tour™  
9630 smartphone

\$29.99\* | \$449.99  
(3 year term) (no term)

\$149.99\* | \$599.99  
(3 year term) (no term)

\$229.99\* | \$599.99  
(3 year term) (no term)

BlackBerry® apps are the easiest way for you to get a jump on life. From being more productive to figuring out where you should hook up with friends. There's even an app that'll show you how to grill tofu. So how will BlackBerry apps help you make the most of your time? Check them out at [telusmobility.com/apps](http://telusmobility.com/apps).



the future is friendly®

Carry your laptop around in style with this Golla Sleeve, which fits most nine-inch laptops. Available for \$34.99 at Future Shop, [futureshop.ca](http://futureshop.ca). METRO NEWS SERVICES

# Back to School

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## If the shoes fit...

LEILA EMORY  
for Metro Canada

**Going back to school may be a pain, but new shoes are always a pleasure.**

"Back to school marks a time for new footwear," says Joe Houlihan, head of shoes for Walmart Canada. And this year it's about getting "back to basics, with traditional styles being the real winners," according to Katherine Chapman, chairman of Olly Shoes.



Rich purples are a hit this fall, as seen in Ecco's Summerday purple shoe, \$120 at [ecccocanda.com](http://ecccocanda.com), left, and UMI's Fauna shoe (\$64.95-\$69.95 at Olly Shoes, [ollyshoes.com](http://ollyshoes.com)), right.

For girls, think fashion boots and ballerina flats. "Rich purples and pinks are a constant favourite," says Chapman.

For boys, it's all about the athletic look. "The DC brand skater shoe has been a big hit in lace-up styles, which offer greater support for activity," she adds.

The Payless Smartfit Tod Cute Boot, far left, is \$29.99, while the Payless Smartfit Pom Pom fur boot is \$39.99. Go to [canada.payless.com](http://canada.payless.com) or phone 1-877-474-6379 for more. The ballerina flats, above, are \$19 a pair at Walmart, [walmart.ca](http://walmart.ca).

But graphic canvas sneakers are the universal "it" item for this year's school-yard catwalk, according to Mardi Larson, spokesperson for Payless Shoes. "What better way to show personal style than by sporting the latest in wearable art? Another big trend this season is tattoo-inspired appliqués, frayed edging, colour blocking patterns edgier details than ever before."

Plaid is also making a comeback.

Walmart's "Mad about plaid" styles range from small feminine plaids to tartan, tweed and Buffalo checks," says Houlihan.

To help your children get off to a good start this year, here is McGhie-Richmond's checklist:

- If your child is just beginning the school experience, discuss what can be expected on the first day such as learning class rules, catching up with friends, and making new ones.

And affordability never goes out of style. The average Canadian will be spending about \$80 on shoes, according to Walmart.

The object is to make that go as far as possible. Payless is offering its signature Boogo sale — buy one, get the second for half-price, while Walmart's shoe assortment starts at \$8 — part of its Top 10 Back to School Items for Under \$10 promotion.

Chapman recommends doing your homework. "To save money, ask if they have a clearance section," she says. "These are always the



This range of boys and girls athletic and skate shoes range in price from \$15-\$20 a pair at Walmart, [walmart.ca](http://walmart.ca).

same quality products that the store carries, but likely from last season so they will be clearing them out at greatly reduced prices.

"Ask if they have a membership program that ties in to discounts for products purchased. Also many stores will email their members

The Payless Airwalk Rave Skate is \$27.99. Go to [canada.payless.com](http://canada.payless.com) or phone 1-877-474-6379 for more. The DC Court Graffik shoe, far left, is \$44.95 at Olly Shoes, [ollyshoes.com](http://ollyshoes.com).

with sale notifications, be sure to get on their list," Chapman says.

And when it comes to shoes, size matters. To get the most out a purchase, make sure the shoe fits.

"It's important to go to a store that understands how to properly fit your child," says Chapman. "It's fine to allow for some growing room, but not so much that it hinders the child while walking or running — which could lead to a fall."

school for ideas if needed.

- Set up a regular place at home for schoolwork. Make sure it is well-lit, clutter-free, with paper, pencils, pens, computer, and a dictionary and thesaurus.
- Establish a regular study time for your child every day. Agree on a time and stick to it; even if homework has already been completed, use the study time for reading or reviewing the work. Mark off the time on a calendar.

NEWS CANADA

## Help your kids get off to a good start with this simple checklist

The first bell at school may still be a few days away, but educators agree that a smooth transition back into reading, writing, and arithmetic routines takes some thoughtful planning in advance by parents.

"One of the most accurate predictors of student success is not family income or social status, but

the extent to which parents are involved in their children's education," says Dr. Donna McGhie-Richmond, educational specialist with Kumon Math and Reading Centres.

"Parent involvement in education is essential for many students, reinforcing the importance of learning."

Show your child the route to school, and make a visit there before classes start.

- Get to know the teachers. Make them aware of out-of-the-ordinary circumstances at home. Let teachers know you expect and appreciate progress information — both positive and negative.

school for ideas if needed.

- Establish a regular study time for your child every day. Agree on a time and stick to it; even if homework has already been completed, use the study time for reading or reviewing the work. Mark off the time on a calendar.

NEWS CANADA



## Every day we're giving students \$1000.\*

Open a free or unlimited student banking account<sup>1</sup> today and you'll be automatically entered to WIN\* a \$1000 cash prize.

Visit a branch today. [rbc.com/windaily](http://rbc.com/windaily)

**CREATE A BETTER STUDENT LIFE**

**RBC Royal Bank®**



\*No purchase necessary. Contest runs from July 15, 2009 to October 31, 2009. Draws begin August 4, 2009. Winners will be announced daily starting August 7, 2009 for 92 days. For full Contest rules and how to enter without purchase, please visit [www.rbc.com/stimulus/rules](http://www.rbc.com/stimulus/rules).  
1 No monthly fee. 25 free debit transactions a month and a no annual fee credit card. Unlimited refers to the RBC No Limit Banking for Students® account which provides unlimited monthly debit transactions. For full product details visit [www.rbc.com/student](http://www.rbc.com/student). ©Registered trademark of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

**Lindsay leaves Hollywood home**

Lindsay Lohan is leaving the rented Hollywood Hills home that was burgled last week. She was photographed clearing out the property on Tuesday and a moving company showed up to take away her valuables. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Diva makes comeback

**Whitney Houston**

**Album:** I Look To You  
**Label:** Arista  
**Rating:**



**WHITNEY HOUSTON**  
FANS look to the singer primarily for her voice, that penetrating cry that can transform a Dolly Parton song into a power ballad that could shatter whole buildings and Billboard charts alike. So those same fans will be disappointed to hear that those days are over, in the form of Houston's comeback album. The singer will never be the vocal powerhouse she used to be. That said, with an all-star roster of writers and producers on board, *I Look To You* is guaranteed to succeed. And with a few bangers, like the empowerment-funk of *Million Dollar Bill*, the sensitive title track and the club-sleek *Nothin' But Love*, Whitney does the best with what she's got.

Jason Richards/for Metro Canada

**Pitbull**

**Album:** Rebelution  
**Label:** J Records  
**Rating:**



**DESPITE THE TITLE**, there's nothing rebellious or revolutionary about Pitbull's new disc. It's a far cry from the rapper's sophomore album, *El Mariel*, which was filled with political messages about being a Cuban growing up in Miami. These days the hip-hop star sings mostly derogatory songs about sex and girls. While most of the songs are slick club numbers — *I Know You Want Me* has been playing in bars for weeks — the lyrics are offensive and humourless.

Bryan Borzykowski/for Metro Canada

**Juliette Lewis**

**Album:** Terra Incognita  
**Label:** The End  
**Rating:**



**AFTER FOUR ALBUMS**, Lewis is finally a bona fide musician.



I Look To You is the first CD from Whitney Houston in seven years.

The actress has said this is the first time she's focused on songwriting and it shows. *Terra Incognita* is smooth, focused and easily her most thoughtful album. She covers a lot of ground

— Ghosts is an atmospheric Janis Joplin-like track; Fantasy Bar is a raucous tune with a soaring chorus; on Suicide Dive Bombers she sounds like Bowie.

Bryan Borzykowski/for Metro Canada

**MusicReviews**

music@metronews.ca

**The Apples In Stereo**

**Album:** #1 Hits Explosion  
**Label:** Yep Roc  
**Rating:**

**da**  
THE LATE '90S weren't a complete musical wasteland.



You just had to dig a bit to find the good stuff. Those digging hard enough would have landed on the Elephant 6 indie collective that produced *The Apples In Stereo*. *#1 Hits Explosion* offers up 16 of the band's best from its 13-year history. A great introduction for newcomers and a concise compilation for fans.

**Jackson tribute**

La Toya Jackson has decided to release the first single off her new album as a tribute to Michael Jackson. Proceeds from *Home* will go to one of Michael's AIDS charities. [POPEATER.COM](http://POPEATER.COM)

YOU COULD WIN un-believ-able matt damon is The Informant! FROM THE DIRECTOR OF OCEAN'S 11, 12 AND 13 SEPTEMBER 18

IN THEATRES SEPTEMBER 18

**A PAIR OF PASSES TO SEE AN ADVANCE SCREENING OF THE INFORMANT! ON SEPT 13**

**ENTER FOR YOUR CHANCE TO WIN!**  
[metronews.ca](http://metronews.ca)

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes September 8, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit [www.metronews.ca](http://www.metronews.ca)

**critics'corner****Crimson Force**

Earth is running out of energy, but a possible source of more has been detected on Mars. The astronauts dispatched to find it discover something nobody was expecting: an alien civilization that's in the midst of a civil war. And the Earthlings' spacecraft has crashed, so they're stuck there. Tony Amendola ("Stargate SG-1"), C. Thomas Howell and David Chokachi ("Baywatch") star in this 2005 sci-fi tale. 7 PM on SPACE

**The Mentalist**

Sometimes even the Hollywood dream factory can crank out a nightmare, as Patrick (Simon Baker) and the team discover when they travel to Tinseltown to investigate the murder of a movie producer. Robin Tunney, Tim Kang and Owain Yeoman also star in "A Dozen Red Roses"; Sarah Foret, Rebecca Rigg and Marcus Giamatti guest star. 11:01 PM on KREM

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/30	primetime		Alberta Primetime (Live)	(8:02) Private Practice	Grey's Anatomy	Fringe (HDTV)	Primestime				
			etalk	Hollywood	The Mentalist (HDTV)	CSI: NY "Wasted"	CSI: Crime Scene Invstgtn.				
			- - 4 OMNI	Two/Half Men	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	The Simpsons	King	Metroplex	
			- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Grey's Anatomy	Practice		
			245 306 6 CBRT	Wheel-Fortune	Jeopardy!	The Nature of Things	This Beat Goes On (N)	Big Brother 11	CBC News: The National	The Hour	
			244 338 7 CICT	ET Canada	Entertainment	90210 (N)	30 Rock	Parks-Recreat	The Office	News Hour	
			246 - 8 CKAL	Law & Order: SVU	Law & Order: UK	30 Rock	Bons baisers de France (SC)	Scrubs	30 Rock	Your City	
			119 705 9 KXBC	Des squelettes	Gars fille	Tout le monde en parfait (SC)	Le Téléjournal et Les Nouvelles	Le Téléjournal et Les Nouvelles	TJ Alberta		
			- - 10 SHAW	(6) Local Programming			Local Programming				
			- 372 12 KREM	News	Hollywood	The Doctors (N)	Big Brother 11	CSI: Crime Scene Invstgtn.	The Mentalist		
			- 374 14 KREM	NewsHour With Jim Lehrer	Chihuly in the Hotshop	Sherlock Holmes Mysteries	MI-5	Soundstage			
			502 390 15 CBC	CBC News: The National	The Nature of Things	CBC News: The National	CBC News: The National	Nature-Things			
			- 370 16 KHQ	News	Be-Millionaire	Jeopardy!   Wheel-Fortune	6TEEN "2-4-1"	Wizards-Place	Law & Order		
			- 372 22 KAYU	The Simpsons	Seattle Seahawks Pre-Final	PIX News at Ten Tong	Two/Half Men	Friends	Sex-and-City	According-Jim	Frasier
			297 652 37 WPIX	Supernatural (HDTV)	Anderson Cooper 360 (HDTV)	Two/Half Men	Friends	Sex-and-City	According-Jim	Frasier	
			500 509 29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Sherlock Holmes Mysteries	MI-5	Soundstage			
			502 502 31 CN2	Jane Velez-Mitchell	Nancy Grace	Malcolm-Mid.	In Real Life "Pilots"	Falcon Beach			
			400 401 21 TSN	(5) Tennis U.S. Open, Men's & Women's Second Round.	SportsCentre	6TEEN "2-4-1"	Futurama	Beavis and Butt-head			
	sports		408 418 27 net	MLB Baseball	Sportsnet Con.	MLB Baseball	Home Improve.	Home Improve.	Beavis and Butt-head		
			410 403 30SCORE	College Football	College Football	Arizona Diamondbacks at Los Angeles Dodgers.	Real Housewives OC	Backyardigans	Re:Diego, Go!		
			411 457 44 OLN	Survivorman	Ghost Hunters	Bounty Hunter	Survivorman	Backyardigans	Re:Diego, Go!		
			417 406 48 SPEED	Jacked!	Wrecked (N)	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)	Bring It On		
			552 543 20 YTV	iCarly	iCarly	Zack & Cody	Latest Buzz	Wizards-Place	Beavis and Butt-head		
			557 541 39 FAM	Zoey 101	Life Derek	Han. Montana	6TEEN	6TEEN "2-4-1"	Beavis and Butt-head		
			555 545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Home Improve.	Home Improve.	Re:Diego, Go!		
			575 583 11 CMT	Reba	Reba	Karaoke Star "Saskatoon"	Star Trek: Next Gener.	Ni Hao, Kai-lan	Re:Diego, Go!		
			553 546 17 TREE	Little Bear	Maggie-Beast	Zigby	Max & Ruby	Ni Hao, Kai-lan	Re:Diego, Go!		
			- - 18 CHTV	Off Air							
			505 398 19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch Two					
			602 568 23 W	House-Sell	Style by Jury	Old Christine	Friends				
			521 560 24 TLC	Police Women of Broward	LA Ink (HDTV) (N)	Police Women of Broward	Confidential	Confidential			
			603 561 25 FOOD	Perfection	Ace of Cakes	Family	Unwrapped	Unwrapped			
			615 520 26 A&E	The First 48 (HDTV)	The First 48 (HDTV)	Crime 360 (HDTV) (N)	The First 48 (HDTV)	The First 48 (HDTV)			
			617 522 32 SHOW	Trailer Park	The Outer Limits	Da Vinci's City Hall	The Best Years (DVS)	Bones			
			601 562 33 SLICE	Last 10	Last 10	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp		
			- 633 34 ENCL2	Oxford Blues	(7:35) Air Bud: World Pup ** (2000)	Wildcats ** (1986, Comedy) Goldie Hawn, Nipsey Russell.	Wildcats	Wildcats	Bring It On		
			520 505 35 DISC	(6) MythBusters	MythBusters	Daily Planet	MythBusters	MythBusters			
			620 523 36 BRAVO	Crossing ** (2005, Suspense), Crystal Balle	Bravonews	Law & Order "Asylum"	Without a Trace	Crossing **			
			294 650 40 WPCH	Anaconda * (1997, Suspense) Jennifer Lopez, Ice Cube.	Seinfeld	Anaconda * (1997, Suspense) Jennifer Lopez, Ice Cube.					
			626 547 41 COM	Laughs	Comedy Now	Air Force	22 Minutes	The Simpsons	South Park	Comedy Now	
			- 539 42 TCM	(6) The Magnificent Seven	(8:15) Return of the Seven ** (1966, Western)	Comedy Now	Comedy Now	Guns of the Magnificent Seven (1963)			
			628 584 43 SPIKE	TNA Wrestling (HDTV) (N)	Surviving Disaster "Hijack"	MANswers	GameTrailers	Ways to Die			
			522 516 45 HIST	Underworld Histories	Ice Road Truckers	Ancient Discoveries	Underworld Histories	After People			
			627 528 46 SPACE	Crimson Force (2005, Science Fiction) (DVS)	Stargate SG-1 (DVS)	Star Trek: Next Gener.	Star Trek: Next Gener.	Trek: Voyager			
	cable variety		- - 47 AMC	(6) Young Frankenstein (1974, Comedy)	(History of the World: Part I ** (1981, Comedy))	Be Cool (2005, Comedy)					
			619 525 49 TROP	Bob & Doug	Bob & Doug	Seinfeld	The Outer Limits	ET Canada	TV Made, Do It	Family Guy	
			600 564 50 HGTV	Disaster DIY	Big Amazing	House Hunters	Holmes on Homes	Disaster DIY	Big Amazing	Handyman	
			501 391 52 CTV	CTV News Tonight	News	CTV News	News	CTV News	News		
			504 508 70 BNN	Taking Stock	Market Call	Headline	Market Call	Commodities	Business News	Taking Stock	
			526 507 92 VIVA	The Closer	Da Vinci's Inquest	Psychic Inv.	Encounters	Judging Amy	Missing		
			269 350 93 APTN	Warriors: TKO	Wapow Bay	By the Rapids	renegadepress	Sweet November * (2001, Romance)	Keanu Reeves, Charlize Theron.		
			- - 545 40 PCWD	World News	News	Banquet	Kingdom-Wind	Vancouver	Shaktimaan	Connections	
			571 581 100 MMM	Wild 'n Out	Storytellers Jay-Z	Headline	Market Call	Dheeyan Ghar	Sababar	Storytellers	
			570 580 101 MM	So You Think You Can Dance Canada	Dance	Headline	Market Call	Wild 'n Out	Wild 'n Out	Storytellers	
			581 566 102 MTV	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live	After	Fantasy Fact.	Beatdown

## Car Insurance Roadblock

**Consumers concerned insurers don't want drivers with tickets or accidents**

### Worried Your Spotted Driving Record Means You've Got Nowhere To Turn For Car Insurance?

Don't be. While it's true that, all things being equal, your tickets and accidents make you a more expensive risk to insure than a similar car and driver with a clean driving record, that doesn't mean you should have trouble finding insurance – assuming you know where to look. Different insurance companies target different types of business and this is reflected in things like their claims service, marketing efforts, discounts, and most importantly for you, their rates.

#### Should I Just Accept That I'll Have To Pay A Bundle?

No. Sadly, this is a mistake many drivers make and it can be a costly one, especially if they don't bother to shop around for the lowest rate available. The key to finding the best rate, especially if you have tickets or accidents on your driving record, is to figure out which insurance company of the more than 20 in Alberta has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

#### Start Saving Your Money Now.

InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 20 of the top insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance – and it's completely FREE to use. So what are you waiting for?

**InsuranceHotline.com**

Your search engine  
for the lowest insurance rates

**COMPARE OVER 20 QUOTES in minutes  
at InsuranceHotline.com**

## 18 entertainment

### Celebrity Buzz

## Kate abused me: Jon

**ACCUSATION** In his first television interview since divorce papers were filed in June, Jon Gosselin lashes out at his estranged wife Kate for years of abuse during their 10-year marriage, usmagazine.com reports.

"I took a lot of abuse from her. I was put down," he said on ABC's Good Morning America. "She'll call me like, almost like a lame fish. Like I wasn't going anywhere."

He also says that she of-

ten left him with the kids because she was travelling. "Well, excuse me, I'm taking care of the kids. She's on book tours, she's doing all these things. You know, she's gone a week. You know, comes back. Packs up and leaves again," Gosselin, 32, said. "I'm standing there like, 'Oh, OK. Your mom's gone again.'"

The full interview airs Tuesday.

METRO NEWS SERVICES



## I'm crazy like Marilyn, Megan says

**STAY AWAY** She may not be a doctor, but Megan Fox has gone ahead and diagnosed herself as mentally ill.

"I definitely have some kind of mental problem and I haven't pinpointed what it is," Fox told Wonderland magazine. "I basically read every book ever written about Marilyn Monroe.

"I could end up like that because I constantly struggle with the idea that I think I'm a borderline personality — or that I have bouts of mild schizophrenia."

METRO WORLD NEWS



GETTY IMAGES

## DJ AM's death a suicide?

**TRAGIC** DJ AM swallowed a handful of painkillers and had another still in his throat when he was found dead on Aug. 28, a law enforcement source has alleged to People. popeater.com is reporting.

According to the report, Adam (DJ AM) Goldstein

had eight undigested OxyContin pills in his stomach, which suggests he downed them quickly. The source believes Goldstein "was going unconscious when he took the last one. He didn't even swallow it," adding to the theory that the DJ committed suicide.

METRO NEWS SERVICES



# LEADERS<sup>®</sup>

## EXECUTIVE EDUCATION

### OPEN HOUSE

SEPTEMBER 11  
Call to register.

*Register Now for Fall 2009  
Executive Education courses and programs.*

#### LEADERSHIP DEVELOPMENT PROGRAM

Starts September 15 in Calgary.

#### SURVIVAL SKILLS – MAINTAINING PRODUCTIVITY AND RESILIENCE IN TIMES OF STRESS

Starts October 8 in Calgary.

#### ENERGY SECTOR LEADERSHIP DEVELOPMENT PROGRAM

Starts October 21 in Calgary.

#### BUILDING AND LEADING EFFECTIVE TEAMS

Starts October 26 in Calgary.

#### THE MANAGER IS THE MEDIUM – LEADING FROM THE MIDDLE OF THE ORGANIZATION

Starts October 28 in Calgary.

#### CRITICAL COMMUNICATIONS IN AN ENGINEERING ENVIRONMENT

Starts November 18 in Calgary.

#### CHANGE LEADERSHIP – COMMUNICATING THROUGH CHAOS

Starts November 24 in Calgary.

UNIVERSITY OF  
ALBERTA

To register, please contact us at 403-718-6380  
or visit us online at [www.executiveeducation.ca](http://www.executiveeducation.ca)

UNIVERSITY OF ALBERTA  
SCHOOL of BUSINESS  
Executive Education



**Today**  
Sunny.  
26°C / 11°C



**Friday**  
High-level clouds.  
25°C / 8°C

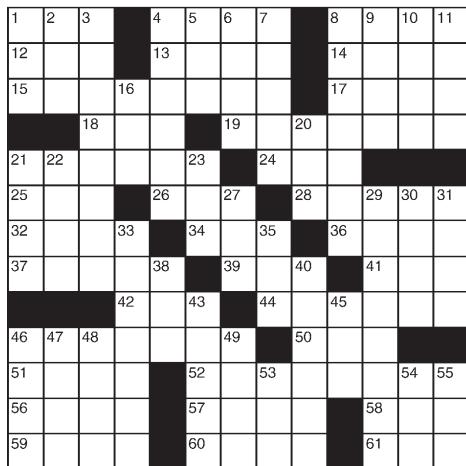


**Saturday**  
High-level clouds.  
24°C / 8°C

**Andrew Schultz, Weather Specialist – Breakfast Television**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.

**ACROSS**

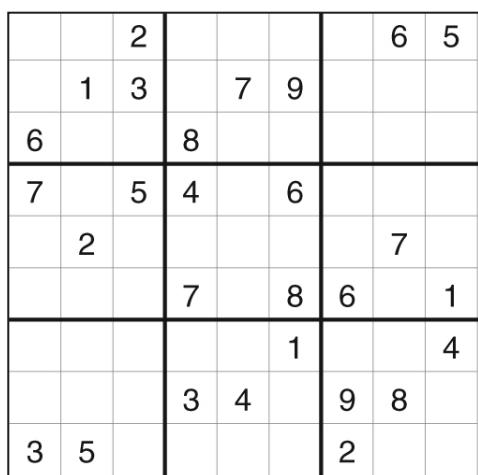
- 1 PC program  
4 Delves  
8 Carnelian variety  
12 Chum  
13 Worshipped one  
14 Rip  
15 "Merci"  
17 Top-notch  
18 "... or — to be"  
32 33 34 35 36  
37 38 39 40 41  
42 43 44 45  
46 47 48  
51 52 53  
56 57  
59 60 61

**DOWN**

- 50 Wapiti  
51 Eager  
52 Free-mail privilege  
56 Infamous  
57 Surpasses  
58 Caspian, e.g.  
59 Metric measure  
60 Agile  
61 Height of fashion?  
21 Quarterback Troy  
24 Craze  
25 Banned insecticide  
26 Gratitude  
28 Lukewarm  
32 Shaving cream additive  
34 "Phooey!"  
36 Gaelic  
37 Copycat birds  
39 Profit  
41 Pub order  
42 Squealer  
44 A Few Good Men director  
46 Bankrupt
- 1 Suitable  
2 Oom follower  
3 Krill, e.g.  
4 Harsh decree  
5 Slick, maybe  
6 Yucky stuff  
7 Form of tobacco  
8 Seatless passenger  
9 Very long time (Var.)  
10 Hindu royal  
11 Bottom-of-the-barrel bit  
16 Artesian appellation

**Sudoku** For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

C	B	S	M	U	L	E	I	D	L	E
R	A	W	I	F	E	X	T	O	A	T
U	S	S	T	O	P	W	A	T	C	H
D	E	B	I	T	O	I	L			
B	R	A	S	G	I	F	T	S		
M	I	S	M	A	T	C	H	I	A	O
U	S	E	L	A	R	U	E	A	L	P
S	L	A	T	D	O	G	P	A	T	C
H	E	L	O	T	D	O	I	N		

3	2	5	1	4	7	8	6	9		
8	1	9	6	5	3	7	4	2		
4	6	7	2	8	9	1	3	5		
5	3	2	7	6	1	9	8	4		
6	4	8	9	3	5	2	7	1		
9	7	1	8	2	4	6	5	3		
1	9	3	4	7	6	5	2	8		
2	5	6	3	1	8	4	9	7		
7	8	4	5	9	2	3	1	6		

**On the web**

For more games and 60 additional daily cartoon strips, visit metronews.ca

**Horoscopes by Sally Brompton** [sallybrompton.com](http://sallybrompton.com)**ARIES**

MARCH 21-APRIL 20



As usual you're thinking of going it alone, but you'll find it easier to reach your goals if you team up with people who share your outlook on life.

**TAURUS**

APRIL 21-MAY 21



Listen to your conscience and do as it tells you, even if it puts you on a collision course with people who don't share your values.

**GEMINI**

MAY 22-JUNE 21



The right things seem to be happening at just the right time and the planets indicate you need only put a name to your desire to see it come true.

**CANCER**

JUNE 22-JULY 22



If there's something you can do for someone today then do it and don't count the cost. That good deed will come back to you sooner than you think.

**LEO**

JULY 23-AUG 23



Try not to let your heart rule your head today. Other people's tales of woe may sound credible but the planets warn it's most likely a trick.

**SAGITTARIUS**

NOV 23-DEC 21



It might be tempting to say what others want to hear, but you'll regret it later when you have to tell them the truth. Be honest with people today.

**CAPRICORN**

DEC 22-JAN 20



Be nice to people, especially those who may be of use to you in the future. Give them the respect they deserve. Let them know you're there for them.

**VIRGO**

AUG 24-SEPT 22



It's all coming together. That's great, but don't take your good fortune for granted. Enjoy the present but don't stop planning for the future.

**PISCES**

FEB 19-MARCH 20



You may think that if you don't get your financial house in order immediately it will be impossible to balance the books, but you are overreacting.

**FLIGHT CENTRE** *Unbeatable***United Kingdom**

\$99

from  
+ taxes & fees \$466  
INCLUDES roundtrip air.1 866 503 1294 | [flightcentre.ca](http://flightcentre.ca)

Conditions apply. Ex. Calgary. Air only prices are per person for return travel unless otherwise stated. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change.

**WORDY GURDY®**

- Convent women's hot dog holders (1)
- African republic drum for a beatnik (2)
- Made a bird's home less tidy (1)
- Not-quite-legit lord's wife (2)
- Conservative wing's tough spots (1)
- Cancel a trayful of baking cookies (1)
- Online newsgroup message bragging (2)

BY TRUCKY RICKY KANE  
Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

© 2009 United Feature Syndicate, Inc.

ANSWERS  
1. HUNTS BUNS 2. CONGEE HONK 3. MESSESS NEST 4. SHADY LADY  
5-6-9**A World in Crises? Get the Whole Story**Consider the Bible this Sunday  
at Good News Bible Chapel

MEETING AT: 739-20th Ave NW Calgary, AB – 403.619.2816

Bible Hour and Sunday School

11:15 am - 12:15 pm

No Collection Will Be Taken

[www.goodnewsbiblechapel.org](http://www.goodnewsbiblechapel.org)**entertainment 19****Take Five****Metro Recipe of the Day****Summer Turkey Sausage Pasta**

Submitted by Danielle Seguin, Brentwood Bay, B.C.

**INGREDIENTS:**

- 1/2 cup pine nuts
- 4 green onions, chopped
- 2 red peppers, chopped
- 2 tbsp sesame seeds
- 4 cooked turkey sausages
- 2 cups whole wheat pasta, such as fusilli
- 4 tbsp olive oil
- 2 tbsp balsamic vinegar

**METHOD:**

- Combine pine nuts, raw green onions and sesame seeds in a bowl. Add olive oil and balsamic vinegar and toss. Set mixture aside.
- Cook the turkey sausages in a non-stick frying pan on medium to low heat.
- Cook pasta. Once the sausages are cooked, cut them into slices and add to the pine nut and onion mixture.
- Drain the fat from the

**Weekly winners**

• Exclusive contest for Metro readers! Visit [20minutesupperclub.com/metro](http://20minutesupperclub.com/metro) and enter to win a \$50 President's Choice gift certificate to stock your cupboards with delicious PC products. For product information and store locations, visit PC.ca. A weekly winner will be drawn from now until the end of October.

frying pan and toss in the chopped red pepper for 3 minutes, just to sear.

4. Add the peppers and pasta to the rest of the ingredients. Stir until thoroughly mixed and enjoy.

**SERVES 2****PREP TIME: 5 MINUTES****COOK TIME: 15 MINUTES**

20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at [20minutesupperclub.com](http://20minutesupperclub.com)

# Condo Furniture Gallery

AT CALGARY HOME FURNITURE



## STYLUS ZOE

AVAILABLE IN MOCHA AND PEARL SOFA  
WITH MOVEABLE CHAISE

**\$968.88**

Loveseat **\$768.88**  
Chair **\$538.88**

12 MONTHS NO INTEREST, NO PAYMENTS

## SIGNATURE DESIGN

LEATHER LIVING ROOM SET  
AVAILABLE IN BLACK & NATURAL

Loveseat **\$698.88**  
Chair **\$388.88**

Sofa  
**\$798.88**



## CONTEMPORARY BONDED LEATHER LIVING ROOM

AVAILABLE IN ONYX, BARK & TAUPE

Loveseat **\$598.88**  
Chair **\$468.88** Ottoman **\$298.88**

*Sectional and Queen Sleeper Also Available*



## Great Sofa Styles

**from \$698.88**

50 FABRICS TO CHOOSE FROM!



## Your Newest Furniture Destination

9639 Macleod Trail S • 403.640.2220

[www.calgaryhomefurniture.ca](http://www.calgaryhomefurniture.ca)

Mon-Fri 9am to 9pm, Sat 10am to 6pm, Sun 11am to 6pm

Also Available At Our High River Location, Ranchlands Mall

KING KOIL, SIMMONS, PALLISER, SEALY, ASHLEY, FUTURA & HOOKER

